

# 6. About National Health Insurance National Pension Plan

## ● National Health Insurance


· National Health Insurance is a cooperative system in which subscribers contribute money (insurance tax) to cover medical expenses generated in medical institutions in case of illness or injury.

· If you are registered as a resident, do not have any other insurance, and stay in Japan for more than three months, you will be required to join the National Health Insurance system. If you enroll in the National Health Insurance, the insurance will pay 70% - 80%, depending on your age, of most medical examinations and treatments performed by medical institutions.

· Insurance taxes are determined by each person's income from the previous year.

※ People aged 75 or older are enrolled in the Late-Stage Senior Citizen's Health Care System. (Window 12)

## ●National Pension Plan

- This pension plan is responsibly operated by the National Government with premiums paid by subscribers and government subsidy. It is a mutual aid system designed to provide financial security when the subscribers become ill, injured or old.
- All registered residents of Japan between 20 and 59 years of age are required to join the National Pension Plan. (Exclusion offered to those subscribing to other pension plans, such as the Employee's Pension Insurance Plan / Kousei Nenkin). The premium is uniform regardless of age, gender or income.
- For more information on the National Pension Insurance premium waiver system and payment deferment system, click here 

<https://www.city.ageo.lg.jp/page/0042202007173.html>